

# Pitt Med Professionalism Accolade

## CONGRATULATIONS!



**Michael Talamo**

**MS2 Student**

Michael, on the day of one of last pre-dedicated lunch talks about STEP revealed to us his personal story, to the entire class in the class Groupme...In four lessons, he reminds us (and I paraphrase as best I can) to 1. Not let anyone adjudicate for us the right way to go about medical school; 2. Value our mental health; 3. Our friends and family are our team - let them help you and help them in return; and 4. Passion for doing what we're doing is what has gotten us this far - and that will continue to be the case during dedicated.

...Michael went out of his way to remind us of who we are and to remain grounded when everything around us seems to be so much more precarious.

To be so selfless to share his own story about his life to not garner any sympathy from us, but to pass whatever lessons he learned to us is what any person should envision when they hear the word "compassionate". I hope to one day be able to emulate Michael's maturity and kindness as he was able to exemplify to all of us today. I just wanted to thank him again for being awesome and caring for the rest of us as much as he does.

**– Submitted by a Medical Student  
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