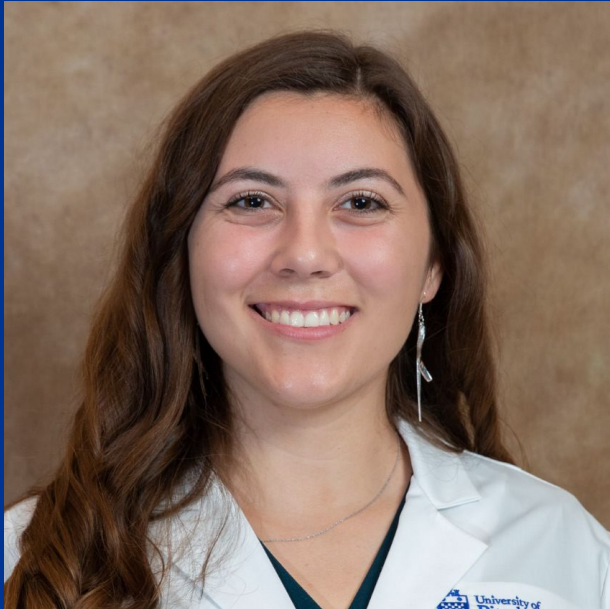


Pitt Med Professionalism Accolade

CONGRATULATIONS!



Emily Gainor

MS1 Student

Emily has had an immeasurable impact on the culture of wellness within our medical school. She is deeply invested in cultivating a healthy learning environment at PittMed, dedicating what little free time she has to chairing ELEAP and volunteering with the Wellness Committee in order to foster a welcoming environment and minimize the inevitable stress of med school. She is an incredibly considerate classmate, freely sharing helpful study resources and routinely reminding friends about assignments and volunteer sign up dates that may otherwise have slipped their minds. Emily also always sends out hilarious and topical memes in our class chat right before major exams, providing us with levity and helping us manage the stress and anxiety that these assessments cause. On top of this, she is a kind and empathetic friend who makes herself available without hesitation to those who need it, and constantly brightens the Scaife atmosphere. Her impact is undeniably positive and I'm really grateful to have her as a classmate and friend. Emily is profoundly deserving of this accolade, and I know I speak on behalf of all of my classmates when I say the Pitt Med community would simply not be the same without her.

**-- Submitted by a medical student
Spring 2023**

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